

Upgrade Spotlight: Calm the Chaos, Then Drink the Water – Analemma – #994

Dave Asprey:

You're listening to the Human Upgrade with Dave Asprey. Today is an upgrade spotlight edition where I'd bring someone on who's made something new and different, something that might save you time, give you better energy, make you perform better at some certain thing.

Just because sometimes knowing the people who make stuff is enlightening in and of itself, in this episode we're going to go pretty deep on stuff, because you wouldn't believe this. In fact, frankly, I wouldn't believe this, except, well, it does do what they say it does. Yes, you can turn regular water into some kind of non-regular water. We're going to have a discussion about what non-regular means, supercharged, coherent, full spectrum, or whatever you want to call it. I don't understand how this thing works, but it does. So tune in for the rest of this episode. You're going to learn something cool.

Our guest is Mario Brainovic, who is in charge of a company called Analemma Water. He's an entrepreneur, researcher, guy who's led multiple health and wellness companies. But this device, and I'm holding it in my hand right now, it looks either like a combatant, some kind of martial artist thing. But you unscrew it and inside it is a crystal full of some fluid. When you put it all together, it looks exactly like a magic wand that you would see in a movie except without all the curly stuff. But it looks like a machine metal and crystal thing.

Guys, I have been sent literally hundreds of energy pendants and things, the vast majority of which don't seem to do anything. I have a drawer full of them. Color me skeptical, because I've also had all sorts of water-charging things, and some of them do seem to do something but nothing like this, to the point that everyone who's tried water charged with Analemma says, "What's going on with this?" So I thought I'd find out. Mario, welcome to the show.

Mario Brainovic:

Thank you so much, Dave, for having me and for giving me the opportunity to share the miracle of this water to your audience.

Dave:

All right. We've got miracle, full-spectrum, coherent. All right. So, Mario, did you grow up in a cave led by shamans, raised by leprechauns? How can you do this? What's going on here?

Mario:

It's really interesting, just to explain the concept to the people so they can realize what we were talking about here. First of all, not a lot of people are aware that 99% of our molecule is water. So we are basically very clever H₂O. That, off the bat, tells you there is something really, really, really important about water that we haven't really paid too much attention to. So due to various environmental reasons, H₂O molecules in drinking water behave chaotically. They crash into each other constantly. All of this happens on an atomic level, so we're completely unaware of it.

We found a way to bring order to this chaos. When you swirl on analemma, which you just showed, through the water, what happens is that those same H₂O molecules start forming a liquid crystalline structure. They start behaving harmonically. They, colloquially speaking, join hands.

You can actually compare it to a light bulb. If you take a light bulb with the five-watt, it'll give you some light. But if you take a laser of five-watt, it can actually burn through a table. So that's the difference between regular water and coherent water.

Dave:

Okay, so that's true with light. So coherent light, when they're all lined up in the same direction, moving at the same time, it's exceptionally powerful. The problem is, Mario, you use the same words that every other little sticker, little swirly device, magnetic charger. I mean, literally, there's a lot of stuff.

Mario:

I know.

Dave:

You all talk the same way. So I just have to ask ... And, okay, I'm a skeptic about this. I'm not a skeptic about many things. I've just had lots of, "Okay, that charged water didn't seem to do anything," experiences. This noticeably tastes different, so I know that it's working. But how do that it's different? Because you say these words. Are you measuring them? Do you have a coherence of water meter in there? Get me past the how the heck are you doing this phase.

Mario:

So we are actually investing and when been investing for the last 14 years into hardcore science. So we are actually proving that there is something very special happening when you expose ... We actually expose this water to any biological systems, to humans, to animals, and to plants. The results were always remarkable. We just thoroughly scratched [inaudible 00:05:53].

Dave:

What are the results?

Mario:

So the first test that we did ... I mean we did many, but I'm going to start with humans. We wanted to pick a test that will prove, okay, there's something biologically remarkable happening. So we picked GlycanAge. They said that it's the most accurate health and wellness test available. It measures the biological age of your immune system. So it tells you how old you really are in contrast to your chronological age. A lot of people are actually much older.

Dave:

But let me pause you for one second there, because a lot of long time listeners, guys, we've had True Age on, and GlycanAge is a similar thing, looking, I believe, at cell glycation, which is cross-linking of sugars and cells. I would look at it as a credible measure of biological aging. Maybe not quite as accurate as True Age, which is DNA methylation, but way more accurate than telomere length, which is something we used to use. So in other words, this passes my sniff test for is it making you biologically younger or not? Okay, keep going. Just [inaudible 00:07:01].

Mario:

Thank you. Thank you so much. Thank you so much. So we did a baseline test and people then drank a liter and a half of water for three months without changing anything else in their routine, their exercise regime or their diets, nothing. After three months, we did another test. Almost every single person in this study experienced between one and 12 years of biological age regeneration. So their entire system got regenerated on a cellular level.

Dave:

And that was statistically significant, [inaudible 00:07:31]?

Mario:

Yes. Now we are actually doing another one, double-blind, placebo-controlled GlycanAge test just to reinforce those results so that we ... And we are going to publish that study as well very soon. It'll end within the next month, I hope. We are going to come up with the result and also publish it. So that's one study that we'll review.

Dave:

Okay. Mario, this is a piece of nice-looking machine steel with ... I think it's a quartz crystal.

Mario:

Yes.

Dave:

Full of water.

Mario:

Yes.

Dave:

How the hell is it doing this and how did you figure out it did this? It doesn't even make sense.

Mario:

It really is amazing how it's simple, elegant, and how powerful it is. So it takes one full year to create what we call the mother water. This is the liquid that is inside the vial. Crystal vial actually serves as superconductor. It's like there but it's not there. So any H₂O molecule that comes into close proximity to mother water will start to mimic its exact structure. That's why it's so simple and that's why it's so powerful. Since water is a, as I mentioned, broadband absorber, receiver, and transmitter of energy, it picks up the dominant frequency and it transmits it to any H₂O molecule around.

Dave:

How did you know to go about preparing mother water for a year and a half and using a crystal to do this stuff? Where did that knowledge come from? Are you guys aliens? This isn't in our scientific milieu.

Mario:

Well, this is the thing. Well, our two main scientists, our founders actually, started, Dr. Eric Laarakker and Dolf Zantinge. They actually came together. They picked up the lab. They took over the lab from Fritz Popp. You probably know him. Very famous German scientist who developed this biophoton research.

So first they actually went to find out about life. Very soon into the research they found out, okay, everything was pointing back to water. Then they actually started to experiment with it, and they started to create some forms of structure, and they've actually landed on an Analemma water.

I would just like to mention one more thing, one huge difference between any other ... And we tested all of them pretty much ... coherent water in our water. It's in its stability. There are devices through vortexing or magnets or crystals. There are ways to get water into coherent state, but it goes back to chaos between a couple of minutes and a day and a half. With just one treatment of an analemma, what's going to happen is that five years later ... And we tested it every single year, five years later, that water still stays in that coherent state. So that's the main difference. It doesn't go out. It's so stable that it holds its structure.

Dave:

Okay. What is the test for water coherence that you use?

Mario:

There are many. In our early work, we used a lot of biophoton research. So we tested it on plants. So we actually had a huge greenhouse where we tested with many various plants. We tested a lot on tomatoes. Tomatoes actually have 97%. 97% of their molecules are water. So, okay, this is a good testing ground.

What we found out is that when you water tomatoes with Analemma water in comparison to regular water, it exudes 60% more light, 60% more biophotons. It has 60% more vitality. Now we are actually doing double-blind, placebo-controlled human study where we are measuring the rise in ATP levels, in mitochondrial energy in humans when people drink this water.

Dave:

That I would totally believe, because we understand from Dr. Gerald Pollack's work on exclusion zone water, and I even funded some of that research a few years ago, that you need that in order to make ATP in order to do biological stuff in cells. But Analemma water is not exclusion zone water. It's something different.

Mario:

It's different. It also is structured water, but we came to it in a very different way. As I mentioned, the key element to it is its stability. We actually tested it with various CMFs. We tried to push it back in the chaos and it kept resisting, it kept its structure. That's why it's so special.

Maybe some people actually own Analemma and you can actually try this at home, which is really, really, really fun and it's really visual. You can take two basil plants and you can water one with Analemma water and one with regular water for, let's say, two, three weeks. After that you cut them off water, you are not watering them at all, and you increase the stress by creating heat. You can tell me after two or three days what's going to happen. We did this many times.

So the basil plant that's watered with regular water will shrivel up and it'll start to change color. It'll go into black. The basil plant watered with Analemma water will not suffer one single ... It'll just stay the same. This is extraordinarily incredible to see visually. We were actually ... And every time we did the study, we were really surprised how resistant biological system get when you expose them to this water.

Dave:

For people listening, normally I wait till the end, but this is not a terribly expensive water-charging device. It's, I think, \$169.

Mario:

\$179, yeah.

Dave:

\$179. But people get 10% off. It's annalemma-water.com, A-N-N-A-L-E-M-M-A dash water dot com. You can use code Dave10, which puts it down to slightly less than that \$169. Honestly, when I got this, I'm like, "What is this crap? People are sending me more crazy stuff." This is my life. I say no to 95% of the stuff that people send to me, because I'm just like, "Sorry."

So I took it, I read the little instructions, and I stirred my beaker full of water with it. Then the water tastes different. Then I gave it to my kids and like, "This water's really good," to the point that my teenage daughter is asking for her own. She says, "Dad, can you get me one of those because I want to be able to take it with me to school, because I really like that water." I've given it just to guests, and it tastes very different. I don't think this is the placebo-level stuff. But that does raise a question.

So with the tomato plant study you're talking about, so you're saying, "Okay, is this water still special?" If you know you're pouring that water on the tomato plants, there's other studies that show if you just pray over your tomato plants and send them loving vibes, they'll also grow bigger. Are you controlling for your own desire for those plants?

Mario:

Very much so. Very much so. We were very actually careful. Just an interesting anecdote from our early work. When we put tomato plants close together, the system didn't work. Information gets transmitted. We realized that we need to create space. So, we actually grew tomatoes with regular water and Analemma water separate. Otherwise, it somehow gets through, which is very interesting to know. It's really a fun happening. They need to be separate for the whole thing to work.

I wanted to mention one interesting thing that we did on soil, which is really also important. We took completely depleted soil, killed with the pesticides and everything. So it was completely infertile. We watered one chunk with regular water, one with Analemma water. What happened is that the biodiversity of the microbiome exploded in the soil that we watered with Analemma water.

So there was 60% increase in biodiversity of the microbiome. Now we are actually doing double-blind, placebo-controlled human study when we're measuring if the same thing is going to happen with human microbiome. You are very, very, very much aware of the connection between microbiome and basically any part of human health.

Dave:

One of the two people who discovered this, Dr Eric Laarakker, was looking at crop quality and saying, well, what's the effect of water on that? I find that to be really credible, because a huge amount of the biohacking research that I am aware of actually came from animal husbandry. So ranchers and farmers learned about mycotoxins, and then humans learned about them. So they're like, "Oh, let's measure mycotoxins. Why are our pigs having stillbirths? Oh, because there's mold in their food. Let's take that out and look at that." The same thing goes with growth rate and all this. So a lot of my learning there came from animals.

The first lasers that you could use medically, which do affect water coherence in the body, were all sold for race horse use. My first medical laser back in the late '90s was not approved for humans because the FDA said you can't do that. So I just pretended I identified as a race horse when I used it so I could stay

within the realm of the law. I like to think I was a stallion, not a mare, but I wouldn't have cared because that laser was so powerful.

So if he was looking at research on plants and saying, "You do this to water, it works," there's like 50 years of people saying if you do this to water, stuff grows better. There's even electrical stuff, where people put electrodes in soil and double plant growth. So plants are a great way to experiment even before you get to mice or something like that, if you're looking at biological processes that are very foundational to all life, and I think water's a part of that.

So that explains how some of this can come about. But I have some more questions. So I take my ananema. How do I know how long to stir stuff?

Speaker 2:

Human Upgrade with Dave Asprey. Human Upgrade with Dave Asprey.

Dave:

How do I know how long to stir stuff?

Mario:

Well, actually our calculations, what we are recommending is if you have three deciliters of water ... I don't know how much is that in ounces.

Dave:

Deciliter? What the heck? You Europeans, man, I tell you.

Mario:

Oh, I know, I know, I know.

Dave:

So that's like a third of a liter. So 350 mils.

Mario:

Yeah, a third of a liter. Yeah, you stir it for 15 to 30 seconds. Then you can increase if the quantity of water is ... For a liter, you go up to a minute, maybe a bit less.

Dave:

Okay. So you stir it for 30 seconds, there about.

Mario:

30 seconds.

Dave:

If I'm doing two liters or something, how long would I stir it?

Mario:

Two minutes, on to two minutes.

Dave:

Does it matter how fast I stir it?

Mario:

No. No, no, no. It's actually adjusted, as I mentioned, the system. The H₂O molecule that comes into close proximity will start to mimic that same structure. So you just have to keep doing it, so that we are ... With this time, we are 100% ... We are sure that all of the water will enter that coherent state.

Dave:

So, I could tape my Analemma to a vibrating massager and stick it in water for less time?

Mario:

Well, nobody did that up until now, but yeah.

Dave:

Okay. I don't want to spend 30 seconds stirring. I've got stuff to do. All right.

Mario:

I know. I know. Actually, we're going to come up with ... Very soon, within the next month or so, with the whole house Analemma system. So you can actually install it inside the piping system of your house and you don't have to do anything. All of the water in your house will be [inaudible 00:20:29].

Dave:

I wanted to do that. I was thinking how I could do it. All right. Thank you for solving that problem for me. Now here's a question from Katie in the Upgrade Collective. By the way, guys, if you go to daveasprey.com, you can be in the live audience on the podcast, which is super fun. You get to actually chat with me here. So Katie is saying, "Can I tape it to the inside of my Vitamix and run it on the lowest speed?" So I've had the same thought. Can I put it inside my blender as long as it's just stuck against the edge? Can I-

Mario:

Well, the only issue is that the edge is plastic. This crystal vial needs to be inside the-

Dave:

No. She means inside.

Mario:

Inside, it will work. That will work. That will work. No worries. This is also a very fun thing. If it has H₂O molecules, it'll bring it into coherent state. If it's wine, if it's beer, if it's juice, whatever it is, if it has H₂O molecules, those same H₂O molecules will start forming a liquid crystalline structure.

Dave:

Thank you. That was my next question was can I put it in water that has electrolytes or anything else?

Mario:

Yes.

Dave:

Okay. So you answered that. You can charge ... And does wine taste better? Because water tastes way better. I've never tried it in wine. I don't drink a lot of wine unless it's really nice. But-

Mario:

Well, you can share that information with us. I haven't actually tried it in wine because I don't drink too much alcohol. But, yeah, that will be interesting to see. We're starting-

Dave:

Okay. And, Mario?

Mario:

Mm-hmm?

Dave:

What about in hot liquids? There's one in particular that I really like, and it's not sake.

Mario:

Well, we wouldn't recommend that because this crystal vial is very fragile. So it's much better to ... Either the liquid needs to cool down a bit or to just put it in a coherent state before you're hitting it up.

Dave:

So not in boiling water, but in a cup of coffee temperature would be okay?

Mario:

Yeah, yeah, yeah, yeah. It mustn't be too hot.

Dave:

Oh, okay. I was afraid I would uncharge the water if I heated it. So the mother water in it doesn't care if it gets warm.

Mario:

No. No, we've really tried various ways to push it into chaos and it always bounced back. When you drink this water, your whole system becomes that way, which is also cool.

Dave:

Okay. If you boil water after you structure with analemma, is that boiled water still structured?

Mario:

It is still structured.

Dave:

What the heck? That's surprising.

Mario:

It will actually ... What happened is ... We tested it. When it goes to the boiling, it will lose. But when it cools down it comes back to it.

Dave:

Okay, got it. So anytime you're boiling water, it's going to be a lot more chaotic, bouncing around. But okay.

Mario:

Yes, yes. But as soon as it cools down, it just goes back to the same structure. We actually use the same with ... We radiated the water with 5G or whatever. It loses the structure, but it comes back, and any other water doesn't. It just stays in the chaos.

Dave:

And the way you're measuring whether it lost structure was by putting on tomato plants, or you have a better way of measuring it?

Mario:

To be honest, Dolf Zantinge, he was actually one of the ... He was the CEO of the largest touch telecom. He has a whole system of measuring that. We are doing a lot of testing, so he has a way of checking it 100%.

Dave:

Okay, I got it. That's one you probably aren't disclosing right now, because I know a lot of people are interested. We want to know that it works, but I think you've got a lot of very interesting research on the site. Honestly, it's not that hard.

If you're uncertain about this, just have two glasses full of water and charge one, and then, I don't know, have someone else come in and you can double blind yourself. If you want to have someone else come in and try one, and then try the other and see which one they like better. It's very noticeable. If you've ever drank from the bottom of a waterfall or something, it's got that vibe to it. It feels different on the tongue. It's not a very subtle thing. You can tell.

Mario:

There is one thing that I want to emphasize, where this water has the fastest effect. It has the fastest effect on the brainwaves. We did the double blind study with identical twins, and we were measuring their EEG. We were measuring their brainwaves. As soon as you take a sip of this water, the communication between the left and the right hemisphere of the brain will start to function much better. There is a cooling effect on your brainwaves almost ... It happens almost instantly. Then we later changed to the other twin without letting them know, and the same thing happened.

So this is something also very visual. It just happens instantly. So it is hard. We still don't have a device that regular people can use to show. But that's why I like to use this basil plant. Everybody can do the test and see for themselves how incredibly resilient a basil plant gets when you water it with this water.

Dave:

I totally believe that. Just giving good quality water to plants changes so much, in part because we have a pump that circulates water and circulates blood. It's called our heart. But plants don't. So they're relying on the ability to create exclusions on water that will wick up. That's why if you drink your maple water or any kind of coconut water, something like that, it's so refreshing if it hasn't been damaged, because you are getting a structured water. If it's less work for the plant to make structured water, the plant's going to have an easier job of pulling water up against gravity using these quantum water effects.

Mario:

I have to add one thing, when you mentioned plant research, there's one farmer who actually picked up this big greenhouse that we were using. For years now, he's growing various plants. He's growing this particular cucumber and they actually give fruit for 10 to 12 weeks in a year, and that's basically it. With this water, he's now at 24 weeks.

Dave:

So the fertility of the plants or the productivity has gone up a lot.

Mario:

Yeah.

Dave:

Now how would you-

Mario:

So agricultural aspect over this is simply amazing.

Dave:

... use this little wand to make enough water for plants? You're saying a third of a liter. I put it in a one liter thing and stir it for 20 seconds [inaudible 00:27:11].

Mario:

Yeah. Well, we actually have a whole agriculture application that we're developing, which will be coming up very soon. We have many, many studies directly on plants. We'll be coming up with everything within, let's say, three to four months with the whole equipment and the studies and everything, which 100% prove what happens to the crops, to basically any plant, if you water it with Analemma water. Then it's a completely different system. So you don't have to stir anything. You just install it in the existing system and you can actually water whatever size, either greenhouse or crops, whatever you use. Whatever system you have, this could be implemented there.

Dave:

But didn't you get the memo about creating an intentional food shortage for the next couple of years? It seems like that didn't come through for you.

Mario:

Well, this is our way to fight back.

Dave:

Guys, you might want to have a garden and you might not want to register your garden with the same people who track your ownership of guns, because apparently gardens and guns are both dangerous. Now if I was to take my Analemma and stir a vat of glyphosate with it, is it going to soak up all the bad evil from the glyphosate, or, in other words, can I change the water that's in my analemma? Will it soak up bad stuff, assuming the water contains information?

Mario:

Well, we are actually going to come up with what we call the ultimate water treatment system, where we're having a purifying system which will purify the water from everything that's bad. But still all the minerals or whatever is essential for the water to stay there and to bring it into coherent state. Analemma as it is will not take out the toxins or the heavy metals from the water.

Dave:

Oh, it won't clean water. That's really clear. What I'm worried about, though, is will I contaminate the mother water in here with the bad vibes, for lack of a better word? I don't know what it is.

Mario:

No, no. This is very actually important question. Since water is broadband absorber, receiver, and transmitter of energy, the dominant frequency is the one that stays. That's the main difference between Analemma and basically all others that we tested. It remains at this extraordinarily stable state. We really mistreated it in various ways to see whether it'll fall out or it'll go into chaos. Even if it happens, and sometimes it happens, it just bounces back. So it doesn't stay in the chaos. It just goes back to the same structure.

Dave:

So if I was convinced that the mother water in here was somehow inherently evil and I had to destroy it permanently, how would I go about doing that?

Mario:

I don't know. To be honest, I don't know. You can just break it and then leave it there.

Dave:

But if I broke it and pour the water out, wouldn't the water still have its magic coherent charge?

Mario:

It will. It will, but you cannot-

Dave:

How do you permanently ruin water so it's out of this coherent state?

Mario:

Up until now, we haven't found a way to bring chaos to this water. We really tried, but we haven't found a way. So whatever we use it on, it just stays in that particular structure.

Dave:

Okay. Given that metal is a good conductor, you put it in breakable quartz crystal, which is actually not as good a conductor as metal. Why is that?

Mario:

We found that when we use a crystal quartz vial that the results are the best.

Dave:

So it worked better in quartz. Have you thought of just making, oh, hundreds of thousands of little microspheres of this and just dumping it in the ocean to clean up some stuff?

Mario:

Well, that's very interesting that you mentioned this. So, the mission statement of our company is actually to make all water on this planet coherent. This is what we actually want. It's not good for our business model, but it doesn't matter. Our goal is we already developed equipment so that we can put it in the wells of biggest rivers.

Dave:

Smart.

Mario:

Then all the life down the line would thrive. It's actually 100% ecological. So it doesn't have any influence, negative, on the environment, just the positive influence. The water will change, the microbiome would change, and all that water would end up in the ocean. So in a couple of years' time, all of the water in the ocean would be in a coherent state.

Dave:

Wow. Is there some kind of warranty on it? What if it stops working? How would you even know, I guess?

Mario:

No, we tested it. The only thing that we can say is that we extensively tested it. As far as we know, it'll last indefinitely, because it doesn't lose its state coherence. So if you have the stick, it will create coherent water for you for life unless you drop it. It's really delicate. So you need to take care of it. If it stays whole, if it doesn't fall down and breaks, it'll create coherent water for you for life.

Dave:

So that would be user error if that happens?

Mario:

Yes.

Dave:

Okay.

Mario:

It happened to me and I was so bummed when that happened,

Dave:

Right. But wherever it fell is now a shrine because the water [inaudible 00:34:32].

Mario:

Yeah.

Dave:

So, okay, here's a thought. What would happen if you stirred the holy water with this? Then every time people use it, would they get Analemma power?

Mario:

Well, it's interesting that you mentioned this because there was this gathering of holy people, and we brought this water to them and they actually really also mentioned that there is something extraordinarily powerful with this water. There are places, very rare places ... Since water is a broadband absorber, receiver, and transmitter of energy, where you really have holy water, so to speak, which holds this-

Dave:

[inaudible 00:35:12] in places, yeah.

Mario:

Yeah. Very particular frequency. Actually, when people use this water, that frequency ends up in their cells. This is a way to get to extraordinarily stable water that you can use by yourself in your home.

Dave:

Honestly and truthfully, I think there's very noticeable effects from analemma. In terms of cost-effectiveness, like I said, it works for life. You can buy it and stir your water. It's not going to clean your water. You should still filter your water. But if it can make charged water by stirring it for a little while, I think the cost per liter of water approaches zero over the course of 10 or 20 years. It's not a large investment compared to the amount of time you can use it. It's analemma-water, A-N-A-L-E-M-M-A dash water dot com.

Mario:

It's much easier for people, you can use also coherent-water.com as well. So it's much easier.

Dave:

They can use what? What?

Mario:

Coherentwater.com as well.

Dave:

Yeah. Let's just use that, guys, coherent-water.com-

Mario:

Yeah, I know.

Dave:

... and use code Dave10. In fact, you probably just want to always use that, because I tell you most Americans, including me, would have no idea how to spell *anna* with one N.

Mario:

I know. I know. I know. I know. That's why we're going with coherent-water.com.

Dave:

Okay, got it.

Mario:

There are people who are actually carrying it around their neck and they're really having interesting results.

Dave:

It seems like there might be a better form factor. I'm sure if you made a little pendant ... Yeah.

Mario:

People are asking really left and right for that. So we are, down the line, going to create that application as well, because it truly is something. It does create this feeling we are, 99% of us, water. So when you carry it around your neck all the time, there really is a tangible effect all the time.

It's actually interesting, during the GlycanAge study, one lady, because we told them to expose the Analemma to the sunlight every now and then, she actually has a small garden, and she plays her Analemma at the same spot every single day. After a month, it was incredible. Like a circle, like you drew your circle around the Analemma, and all the plants grew a couple of centimeters higher than all the rest-

Dave:

That is so crazy.

Mario:

... which is really something visual about it. You really see it. So definitely carrying around ... We're going to create something like that, definitely.

Dave:

Okay, I'm interested in a whole house thing. That would be quite amazing, even if it didn't have filtration in it, because a lot of people already have filters, at least listeners of the show. But if you could structure the water additionally ... And now here's my next question. When I'm traveling, okay, you go to hotels, they give you plastic water. I could drink tap water, which is garbage water, or I could drink plastic water, which is probably better than tap water, at least I think it is. It doesn't taste like chlorine anyway. So I've just been opening the bottle and sticking it in and stirring it around. Am I doing it right?

Mario:

Exactly. That's the thing. This product is definitely mobile. So you can take it anywhere. Wherever you're traveling, wherever you go, you can always use it. Also, people ask us very, very often, like you go through this x-ray machines or whatever, will it actually in any way damage the water? No. It stays in that same ... We did it. we tested it. It stays in that same structure. So however much time you go through air control or whatever, it will create coherent water for you wherever you are.

Dave:

All right, I love that. So even if it's in a non-ideal container, it can work. Even if it's ... You could open up your coffee somewhere and just put in hot coffee and stir it around. As long as it's not boiling hot, you're going to be okay with that.

Mario:

Yeah. And just wipe it off, please.

Dave:

Just wipe it off, of course. You don't want the metal and, of course, get etched by whatever. It should be pretty stable, but the metal connector probably wouldn't be. Now a couple other thoughts. I've also structured water with various lasers. I've used lasers going through crystals. I have other energy-charging devices that work exceptionally well. Is there any value, like I said, in exposing Analemma to sunlight, to shining infrared lasers on it, red light? Should I put it on top of my TrueLight light therapy devices and shine them through it onto my perineum? I don't know. Tell me all the weird stuff that you wouldn't tell anyone else.

Mario:

Well, we realized that water changes electromagnetically every single day due to the sunlight. That's why, even though it's not necessary, we recommend expose the Analemma to the sunlight every now and then, because it loves the sun. So it's not charging the analemma, so to speak, but it's a living thing. Water is a living thing. We think that water is just some element. It has an extraordinary intelligence. It's a living thing and we should start treating it with respect. The more you treat your water with respect, with love, with reverence, you will get so much benefits from it.

Dave:

You make a case that it's alive and it's a valid case that's worthy of consideration, but hasn't been proven yet. When we say that, that allows people to feel intellectually safe. Honestly, if you want to be intellectually safe, get an analemma, have someone stir one glass of water out of two, and then go in there and just see if you can tell that one of them different than the other.

If so, that would be the first step of the ... Actually second step of the scientific method. So there you go. You just did a test. So maybe I'm wrong and then ... Do you have a guarantee? Can they send it back?

Mario:

Definitely. Definitely.

Dave:

There you go. [inaudible 00:41:55].

Mario:

100% money-back guarantee. If you're not happy with the ... But we really, really, really have extraordinarily small percentage of people.

Dave:

If my 15-year-old is, "Dad, can you please get one of these for me so I can take it to school to charge my water? Because I like this water a lot," I think that works, because usually teenagers aren't the ones who are going to go out and ask for something like this, because it's more work, and teenagers are inherently designed by Mother Nature to be lazy and disinterested in anything their parents do, even though I have great kids. That's what they're supposed to do. The fact that she's asking for that to me is an interesting data point.

Mario, congrats on making something that I didn't think would work, that very obviously works from my perspective. Thank you.

Mario:

Thank you so much, Dave. Thank you so much for having me and for giving me the opportunity to really present Analemma to the world.

Dave:

You got it. Guys, coherent-water.com and use code Dave10, which is going to save you a little bit of money on it, 10%. You can charge your water and your family's water for life. This is quite cost-effective as a biohack because you don't have to replace it. It's not a subscription thing. There's no monthly fee. It's just like you buy this thing and then it works. If it grows you bigger stuff in your garden or whatever, that's great.

I really want to hear it from you, Mario, as soon as you get the whole house thing. I am relocating at least part time to Austin, and I'm really excited about being able to have some good quality water there, because I'm going to have to do some serious work to get drinkable water out of that tap system.

Mario:

Most definitely. As soon as we are punching it out, you'll be the first person I'm going to call.

Dave:

Nice. All right. Upgrade Collective, thank you for hanging out and learning about this. Mario, man, I did not think that Analemma would be this effective, but I very much value having mine. Now I'm stirring my coffee, my danger coffee.

Mario:

Thank you so much and looking forward to seeing you, too.

Dave:

All right. You're listening to the Human Upgrade with Dave Asprey.