

## The Human Upgrade: Episode 1144

[00:00:55] **Dave:** You're listening to The Human Upgrade with Dave Asprey, and I'm here with our guest, and we're doing competitive yoga. So we have these tiny stools in my studio. And when I say tiny, I mean they're the size of the saucer you would put your espresso on, and we're supposed to be putting our butts on these.

[00:01:17] It's my studio, so why am I doing this? I don't actually know. But Jewels Arnes, our guest, is sitting cross-legged, and it's-- how do you do that? Oh, hold on. I think I got it. I think I got it. Look at that. All right. There we go. So we're going to do this sitting in lotus pose because that's the only way I can do it on these little teacup things. Guys, we got to get new stools here. All right. That was a great introduction. What do you think?

[00:01:47] **Jewels:** I love it. I hope you actually use it.

[00:01:49] **Dave:** I think we will. All right. Guys, Jewels has been the show before, and she runs a company called BioQuantum. And I'm just going to be straightforward. When I first heard about her products, part of me was like, okay. They have something called ormus in them.

[00:02:12] And I know about ormus. I've looked at making my own years ago. Ormus is an ancient alchemical longevity substance that probably was used even back in Egypt. And it's a unique form of gold in some of the other heavy metals, or they're called rare platinum elements, or rare earth elements. Platinum, palladium, stuff like that-- not polonium. That one doesn't count. Could you do this with polonium?

[00:02:41] **Jewels:** I don't even know what polonium is.

[00:02:43] **Dave:** Polonium is a very highly radioactive element. One gram could kill a million people. And it's what the Russians like to use to assassinate people to say, look, we did it, but you can't prove it, but only your superpower can make polonium. So I don't think you should do that.

[00:02:54] **Jewels:** I would say let's stay away from that.

[00:02:57] **Dave:** But Ironman could do it.

[00:02:59] **Jewels:** Isn't that the goal?

[00:03:00] **Dave:** All right. Okay, here's this person. I don't know her. She's putting this stuff that I know has a very rich history. I also know there's people who say that they have ormus who

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probably don't because they maybe don't know how to make it. And there's probably two reliable recipes. One's from the Templars, and the other is from some other groups.

[00:03:22] And this goes back into the weird angles of really ancient alchemy and wizardry, stuff like that. And so call me a little bit skeptical. My job is to be curious, not skeptical. If you're skeptical, you should get a therapist because you've been radicalized. Whether you're a skeptic or not, a skeptic or just a true believer in everything, either way, dude, you're running a program, and it's not yours.

[00:03:44] So I'm curious, but I'm also like, people send me buckets of stuff, and I'm like, I wouldn't actually give this to my dog. Not an apology, but I'm not going to talk about this. I'm not going to put on the show. Sometimes I'll just share it with the community. And other times I'm like, this actually isn't food. I don't know what to do with it.

[00:04:08] **Dave:** Someone brought by four frozen vegan meals of vegan rigatoni or something. And I tried giving them away to six people, and they're all, no, thanks. And so I finally just like, I want to compost it, but I like my worms. And I don't want to poison the worms with this processed food product. I'm like, what do I do with it?

[00:04:27] **Jewels:** Homeless shelter.

[00:04:28] **Dave:** I burned it.

[00:04:29] **Jewels:** You burned it.

[00:04:30] **Dave:** Yeah. But I made an offering to the universal spirit when I burned it. Was that the right thing to do?

[00:04:35] **Jewels:** If it felt right, it was right. I trust in your intuition.

[00:04:41] **Dave:** What I'm saying here is you had to run through my BS detector. And we talked, and I don't like your product still. And it's not to say I don't use it. And the reason I don't like it is I don't really know how it works.

[00:05:01] **Jewels:** Yeah.

[00:05:01] **Dave:** And that's to say I actually like it because it works, but I like understanding how systems of things work together. And most of the things I use, I'm like, well, doing this, and

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it's this pathway and this. I also have been to the Himalayas and the Andes and learn meditation from different lineages, and I do all that stuff that maybe people are less familiar with because he's the guy who puts butter in coffee.

[00:05:24] Did you see the asterisk? It was from yak butter tea on the side of the holiest mountain in the world. So I'm down with the stuff you do, but I still want to know how it works. So I put your Scalar formula on a scar on the back of my hand, and it got better way faster than any of the other stuff that I was using.

[00:05:43] And I have all the cool stuff that you can have. So I do use your formula. I also do other things just to be super clear, and I don't use just one thing. I use all the things that might work, but yours is definitely on the list because it worked when nothing else did. And that's why I was like, let's get back on and talk about you and what your work is so that people can understand what BioQuantum Skincare is and why they might want to take a look at it. You ready for some tough questions?

[00:06:10] **Jewels:** I'm going to do my best.

[00:06:11] **Dave:** Okay. So you have three decades of energy medicine, just deep consciousness work, and people who've seen you in person, you have these deep eyes, and you have this open heart, and you're like, ha, walking around yoga teacher.

[00:06:27] **Jewels:** I think it's so funny that you see-- because I don't see myself that way.

[00:06:32] **Dave:** You're making Teal Swan look like she's got work to do here. I'm just kidding. Do you know Teal?

[00:06:37] **Jewels:** I'm going to take that, and I'm just going to actually say that you said that was true.

[00:06:44] **Dave:** So Teal Swan was just sitting here when she was doing an event in town. We're friends as well. And she's also got that deep vibe and connection to things, and people tell. There's people who just walk around in a different state than normal humans most of their time.

[00:06:58] And you're one of those people. So I want to put that out there. Apparently your energetic stuff does something because you can tell when you talk to her. Most people would say that, right?

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[00:07:06] **Jewels:** I'm just going to say thank you.

[00:07:08] **Dave:** Look at you just defend against spiritual ego.

[00:07:10] **Jewels:** I'm not.

[00:07:11] **Dave:** I just complimented you.

[00:07:13] No, I'm receiving it in my heart, and I really mean that. Thank you.

[00:07:16] **Dave:** But it's not going to give you a spiritual ego attack.

[00:07:19] **Jewels:** Oh dude, I'm taking it all the way.

[00:07:21] **Dave:** So what if I said like, your meditation waves were stronger than mine? Would that make you feel good about yourself?

[00:07:27] **Jewels:** I would say, I don't want to go there. Let's not measure things in order to find evidence. Let's just listen to our heart center and move forward.

[00:07:38] **Dave:** The reason I did that, this is a story you might not know. Guys, we're going to get into the skincare in a minute, but I'm getting to--

[00:07:43] **Jewels:** This is so much better.

[00:07:44] **Dave:** Yeah, we're talking about consciousness stuff. So there's a time, this was back in the '90s, Stanford neuroscientists brought monks from some monastery in Tibet out to measure their brainwaves. And one of the guys sits down, before they put the electrodes on his head, closes his eyes, and goes deep into his thing, and does a thing. And the EEG machine starts registering as brainwaves before it's connected.

[00:08:10] Now, this actually can happen. If you don't believe me, put your cell phone near an EEG, and the field from the cell phone can set off an EEG. I know 40 Years of Zen manufactures our own EEG equipment now, so we have to control for interference.

[00:08:23] I also know that I put several on EEG, and as soon as they go into their intent states, they white out the machine. I can't record their data, because they interfere with the-- they're the same guys who break wireless microphones. You have to give them a wired mic. Are you one of those?

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[00:08:36] **Jewels:** Well, I don't know because I've never really had that done. But what I do have is we have, I think it's the Neural Chek. Brain Tap makes it.

[00:08:47] **Dave:** Okay. Right. Heart rate variability.

[00:08:49] **Jewels:** It won't read me.

[00:08:50] **Dave:** Interesting. So you're likely one of those people who can, at some states, interfere with electronics. If you're listening going, Dave, you're full of crap, let me finish the story. So the scientists are amazed. Oh my gosh. He must have such a big brain. We can't wait to look at it.

[00:09:07] And all of a sudden, the brain wave stopped and the monk stands up. He goes, I'm sorry, I can't do this. They said, why? He said, well, when you told me that my brainwaves are so strong, I had such a strong ego attack that I lost my state. So now I need to go meditate for a few hours to get back into the state.

[00:09:25] So he left and he came back, and then he did his brain waves, and they were super high. And it turns out spiritual ego is one of the most dangerous types of ego and one of the hardest ones. It's what takes down gurus. I've had a couple gurus who have been taken down for cheating on their wives, and things like that.

[00:09:40] Like my friend Dawa Tarchin Phillips, who talks about it openly. When people think of you as a guru and you take it in and you're like, I am the great guru, that's when you're going to bang your followers. And so I also do my best to protect myself. I do not want to be a guru. It's a gross energy to be honest. Let me help you. I can serve you, but I'll teach you. But it's different than kiss the ground I walk on kind of thing.

[00:10:06] **Jewels:** I think that's how I see myself. For me, I want to teach others to find their own empowerment. And I have tools that seem to work in doing that, and if I can help you attune to frequency to better your life, amazing.

[00:10:25] And what I love about the work that I do is that it seems to attract people that are ready to do the work. And that's one of the reasons I love you and the people that do want to learn from you, because they're just not learning to learn. They're learning to do. And that doing

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part is the most important part in whatever we're doing. We can learn all day long, but if we're not actually doing what we're learning, it doesn't mean anything.

[00:10:55] **Dave:** Yeah. Learning for learning's sake is like being a stamp collector. I'm the guy who sends letters. I don't collect the stamps. Right?

[00:11:03] **Jewels:** Mm.

[00:11:04] **Dave:** Okay. Last May, when you were on the show, you said you didn't listen to podcasts, and I admitted that I've listened, at this point, to probably less than 12 podcast episodes of any podcast ever because I make them. And you mentioned that you had started listening to a couple of episodes of The Human Upgrade.

[00:11:25] **Jewels:** And I haven't listened to one since.

[00:11:27] **Dave:** Okay. Well, at least you heard one, but now, I'm going to take credit for the fact that you have your own podcast called Becoming BioQuantum. Can I make my ego even bigger because I caused Jewels Arnes to start a podcast?

[00:11:43] **Jewels:** Okay. So I have had a podcast before that one, but what I will say is I just absolutely have no idea how to answer that question. But I hope everybody does come and listen to the podcast and likes and subscribes to our YouTube channel because we're trying to get enough followers that I can get my book to somebody that won't even take a look at me until I have more.

[00:12:15] **Dave:** That works. So you're really fun to interview because one of my love languages is putting words in other people's mouths that make them uncomfortable. So I keep trying to do it to you, and you're so adept at not saying whatever it is, and just gently deflecting it in a non-offensive way. And I swear by the end of this interview, I'm going to get you to say something offensive

[00:12:40] **Jewels:** Oh, is that the goal here?

[00:12:42] **Dave:** Oh, when you say it, I'm going to make fun of you, just so you know.

[00:12:44] **Jewels:** Okay. I'm down. Let's do it. I love being made fun of.

[00:12:48] **Dave:** Me too. I'm just teasing.

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[00:12:51] **Dave:** But I do think it's cool that you did a podcast because it is a way to share knowledge and hopefully to be amusing. So people, they learn things, and they can feel who you are. Right now, if you go to Amazon and you search for anything, there's 500 brands that are just randomly assembled letters like QRXBcom. And like, I just wanted to buy a pencil.

[00:13:18] And they're all the same product. They're all going to fall apart. They're all made of some sort of toxic elements all coming from the same factory near some polluted river in China. But you don't know who's behind the brand. You don't know what the brand is. And there's a proliferation of people who saw YouTube videos like, you too can get rich with white labeling and drop shipping.

[00:13:40] And guys, you're not adding any value to the world. You're just adding chaos. Make something new, make something different, make something better instead of copying something. And I swear, if I see anyone out there, here's how you ethically steal someone else's website, dude, that's not ethical. It's just stealing.

[00:13:56] The fact that some douche bag on the internet says you're doing that, that's a problem. So what I like to do with podcasts is let people see who you are, and then can feel it from your voice, and they can see you and go, oh, this is a real brand versus one of the internet marketing 101 brands, which are gross.

[00:14:14] **Jewels:** It took me a while to figure out where you were going with all of that, but yes, I agree.

[00:14:18] **Dave:** Thanks for sticking with me.

[00:14:19] **Jewels:** Oh, you're welcome. That's my goal.

[00:14:22] **Dave:** That was a nice nag. You're insulting me here, but in a spiritual way.

[00:14:26] **Jewels:** No, really, it did take me a while. I was like, why is he talking about pencils? But I also want to say right now that that's another reason that I really like you, because you do research what you put out there. You don't just represent somebody to represent them. You represent them because there's something in you that either did the research or had an experience. And that's really valuable.

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[00:14:56] **Dave:** I reject a lot of things. There are people out there that [Inaudible]. You'll talk about anything. You represent all this. Yeah. I started what's now between a 10 and 63-billion-dollar industry category called biohacking. And I'm not the only guy who does stuff. And I will talk about the good stuff, and I will ignore the bad stuff.

[00:15:16] And I feel like that's why you listen, and people have a hard time with that. Should probably maybe find a different show. I would suggest the Joe Rogan show for you. You'll love it. Now, that's really funny for a long-time listeners. For everyone else, like, why did you say that? If you would like to know, just Google Joe Rogan, Dave Asprey, and maybe you'll find the three episodes with me he deleted. Ooh.

[00:15:38] **Jewels:** Oh, okay. There's some research to be done here.

[00:15:41] **Dave:** Now, one of the other reasons that I wanted to chat with you, we got into this a little bit on the last episode, is that some of the people who really influenced me were, well, probably the biggest one was Bruce Lipton, who wrote The Biology of Belief, one of the first guys to ever clone a cell who became a really spiritual guy.

[00:16:03] And even my pregnancy book was largely based on his work. And biohacking is a restatement of epigenetics. And Bruce Lipton is probably the biggest name who first talked about that. So you're working within his sphere of spiritual and science. Plus, Greg Braden, who's been on the show, and David Sinclair who's been on the show. So we walk in similar circles, but you're wearing flowy white robes, and have candles, and flowers, and stuff. Crystals? Lots of crystals.

[00:16:27] **Jewels:** I have no crystals.

[00:16:29] **Dave:** Are you joking?

[00:16:30] **Jewels:** No, I'm not even kidding. I'm nomading right now. And everything I own is in a three by five storage unit, and I have my suitcase and my dog.

[00:16:40] **Dave:** And there's no crystals even on your dog's collar.

[00:16:42] **Jewels:** Nothing. I know it's crazy. Everyone thinks, oh, she does yoga. She does meditation every day. And I just live in the field.



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[00:16:50] **Dave:** So you are crystals, is what you're saying.

[00:16:53] **Jewels:** I am the crystal.

[00:16:54] **Dave:** There we go. As soon as I say that, your whole body's like, omm. All right.

[00:17:00] **Jewels:** Turn on that frequency.

[00:17:03] **Dave:** It's surprising because I met this guy once, and he was a member of, I'm just going to call it probably a cult-like thing. And if you're listening, no offense, but you looked like that with your van. And these guys had crystals, but they were long crystals with magnets tightly wrapped with copper wire around them to create stress on the crystal, which creates piezoelectric flow, which makes the crystals have healing energy, which you can measure coming out of them, whether you want to say it's healing or not.

[00:17:36] And they actually gifted me one, which I thought was really cool. These are made by the guy who, this movie, a long time ago, in the '80s called I think Little Buddha. Do you know about this movie?

[00:17:49] **Jewels:** I don't.

[00:17:50] **Dave:** Not the '90s one. It was an early one. Well, this guy was born to some Midwest family. They're Baptist, or Methodist, or something. And one day monks knock on the door in saffron robes, shaved heads, and everything. And they're like, we come from Tibet. Your baby is our teacher, and we had dreams about this. And they're like, get out of here. They're like, no, no. So they finally convinced to go in, and they would lay out things owned by the previous incarnation, like his hairbrush, or his fork, or whatever.

[00:18:23] And the baby would always pick the one that was owned every single time. So eventually this kid's five years old and going with his parents to teach the monks. And he grew, and you go to his webpage-- I'm sorry guys, I'll have to remember what it is and put it in the show notes or something.

[00:18:39] But he's like, I am the reincarnation of Jesus. He is like, I didn't expect that life to end that way. And all I am is a healer, but now I make these crystals. And I'm like, my mind is blown, but I thought you would have one of his crystals.

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[00:18:51] **Jewels:** I don't.

[00:18:52] **Dave:** You don't. So how do you tune in? Because most people I know who do attunement stuff either use crystals or at least have them floating around. I got a crystal or two on my desk that people gift me and all. I don't primarily use them as my modality, but I have. So how do you tune into the frequencies you tune into when you do your meditation stuff to put frequencies in your skincare stuff?

[00:19:11] **Jewels:** Great. I actually love this question. So way back in the day when I did an apprenticeship with [Inaudible] medicine woman. Her name was Eva White [Inaudible]. And I have to admit, before then, I loved doing psychedelics, and I love to master them consciously.

[00:19:33] And what I would do is when I would take them, I would try to get-- I don't know if everybody has this experience, but this is what my experience is, especially with mushrooms, is when you start to get drawn into the trip itself, that you have the ability to pull out of it and move on top of the trip.

[00:19:54] And that there's a field and a frequency up there to where you actually can see everything that's happening down here, but you're doing it from a different perspective or a frequency. I would take things and go to school and see if I could still hold my consciousness on top of the trip.

[00:20:16] I don't know. That was just my thing. I loved doing it. So then when I met Eva, she said, no more. I'm going to teach you how to hold consciousness there without drugs. And so she did. And we did a lot of sweat lodges. We did a lot of ceremonies. I did a day on the hill, which is actually three days on the hill.

[00:20:35] **Dave:** What's a day on a hill?

[00:20:38] **Jewels:** So a day on the hill is when you prepare for a year, and you get these saplings, and you basically sit in a square of trees that is the length of your body. And you sit for three days, three nights, with no food or water in the same place.

[00:20:53] **Dave:** What if somebody tries to eat you?

[00:20:56] **Jewels:** Nobody tried to eat me.

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[00:20:57] **Dave:** Okay. Just checking.

[00:20:59] **Jewels:** No thing tried eat me.

[00:21:00] **Dave:** I did four days in a cave in similar circumstances, but I was allowed to leave the cave, so I got--

[00:21:04] **Jewels:** Okay. I wasn't allowed to leave. But anyways, those are the sort of things we did. But she also had a lot of-- I guess the ceremonies in themselves were how to release a frequency in the brain and then be able to match it consciously. So that's when I became obsessed with reprogramming the mind.

[00:21:28] And a lot of my work was around that after I worked with her. But all of a sudden, I started to realize, okay, well if we can release this frequency and that frequency is very similar to when I was doing psychedelics, why wouldn't it be that all the time? And so that just became my practice. And so I stopped meditating actually. It was more active meditation. So everything was, am I in that field, or am I not? Am I in the field or am I not? And I got really good at it.

[00:22:01] **Dave:** So you guys heard it here first. Jewels Arnes quit meditating.

[00:22:05] **Jewels:** I quit meditating.

[00:22:06] **Dave:** Doesn't that make you not a spiritual of a person as someone who meditates?

[00:22:10] **Jewels:** I feel like meditation is a step towards living your life in the awareness that meditation brings you.

[00:22:18] **Dave:** Oh, so you're more advanced than people who meditate.

[00:22:20] **Jewels:** No, I'm not saying that. I'm just saying that I think it's a tool. I guess the tool would be when you're meditating to bring what you learned in the state of consciousness, of being aware of your thoughts, into your life afterwards.

[00:22:34] **Dave:** Look at the way you dodge the fact that you just dissed everyone. I'm so impressed with that.

[00:22:38] **Jewels:** I don't feel like I did. I don't have anything against meditation. And if meditation brings you peace, then keep doing it.

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[00:22:49] **Dave:** I'm really preparing to interview for a job as a newscaster for either one of the bias networks that are out there. I don't really know which one, but I'm just trying to put words in people's mouth. So thank you for allowing me to practice on you because you deflected all of it. So, yet again, foiled.

[00:23:03] **Jewels:** Well, we just need a little more practice.

[00:23:05] **Dave:** So you enjoy making me fail, is what you're saying.

[00:23:08] **Jewels:** No, I'm just saying we need a little more practice.

[00:23:11] **Dave:** Dang, you're a tough nut to crack. I'm going to get you. All right. But your point there about meditation, guys, this is real. If you meditate enough, you're always meditating. And people ask me this, like, what's your meditation practice? I'm like, every week or two, I sit in my living room. I have a setup with the 40 years of Zen gear, and I put electrodes on my head, and I go these really altered states without drugs.

[00:23:36] And that's enough that I go places. And then the rest of the time I can just tune in when I want to. You can choose your state, which is actually a very free place to be. Doesn't mean I can't ever be triggered. I'm going to have a phone call later today with someone where I'm preparing to not be triggered because it's going to take work to not be triggered because it's someone who's been messing around with one of my businesses. And those are the unpleasant parts of running a business.

[00:24:01] But I'm not going to be triggered on that. But I can tell that I would be triggered if I wasn't aware of what's going on here. When even people are acting out of integrity and all. When's the last time you got triggered?

[00:24:14] **Jewels:** Actually, it wasn't that long ago. Maybe last Friday. And it doesn't happen very often, but I also feel like when you're triggered-- okay, I'm going to back up. For me, being triggered feels like bringing out my badass, and I say that word.

[00:24:35] **Dave:** Mm-hmm.

[00:24:36] **Jewels:** And I have a persona that I step into when I need to be a badass.

[00:24:43] **Dave:** Does she have a name?

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[00:24:45] **Jewels:** No. I should give her one.

[00:24:46] **Dave:** She needs a name.

[00:24:47] **Jewels:** I know she does. For right now, I'll just call her my badass.

[00:24:50] **Dave:** All right. What's her name going to be? Just channel it real quick.

[00:24:52] **Jewels:** Okay. Francine.

[00:24:57] **Dave:** All right. Francine the Badass.

[00:24:59] **Jewels:** I can't be too serious about it. It has to--

[00:25:03] **Dave:** Her and her friend Mad, they're very dangerous.

[00:25:06] **Jewels:** All right, so Francine. I'll step into Francine. But there's not a chemical reaction in it. It's more of a persona. I hope that makes sense. So my body knows, oh, we're going into the badass mode. And I pretty much sound the same every single time when I'm in badass mood.

[00:25:28] And I hope that's like answering your question because I feel like we can get to a place where we can actually-- I'm sure you're going to do this with your conversation. You already know that there's going to be a certain part of you that's going to come out if you were to be triggered.

[00:25:46] But then if we have that awareness ahead of time, we can create that persona and let the frequency of the persona that's more organic, because it's-- maybe not organic. Maybe it's more attuned.

[00:26:01] **Dave:** So you're talking about multiple personality disorder.

[00:26:04] **Jewels:** Or just being able to channel personas. I love that, but aren't we all? At least this way, we're choosing it with awareness. We're choosing it with awareness and using it to stay centered.

[00:26:20] **Dave:** If you chose it, it wasn't triggered. That's the thing.

[00:26:24] **Jewels:** Exactly. That's what I'm saying.

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[00:26:25] **Dave:** You can be a Swiss Army knife, and I don't generally walk around like, you will die. But I tell you, if I'm walking somewhere and someone walks up and threatens my kids, they don't have to come anywhere near me to know that they need to back off. And that's just an energetic state. And it's because their underlying quantum field and nervous system understands that they're with a predator.

[00:26:45] Because can resonate with predator vibes, and they're really straightforward, like, I will kill and eat you. And when people feel that, they back off. You don't have to do it for them to feel it. That's more of a masculine thing. But I know women who can do that too. We all have the ability to go into these states. There's a reason we call it mama bear. Right?

[00:27:03] **Jewels:** Yeah. Yes.

[00:27:06] **Dave:** So we all have the protector in us. It's just whether you chose it or it was triggered.

[00:27:13] **Jewels:** Exactly, exactly. I think for us that have practiced and then those that are practicing, you can tell when your body's about to go into a chemical reaction. And so in that moment, there's choice. Well, I can either fully let this take over me, and then it's going to alter the way that I think, and I'm probably going to react, or I can actually move back into my center, calm that down, and then have the choice of, oh, okay, well, this is triggering me for a reason.

[00:27:51] What persona can I bring in to step into from a place of awareness and not from the trigger? And so that's what I play in. And I'm not perfect by any means, but I do enjoy playing with it.

[00:28:09] **Dave:** I love that answer, and it's from someone who has mastered meditation. I teach about equanimity. First you have empathy, and then you have compassion, and then eventually have equanimity, which means you get to choose your state instead of the state getting chosen for you. And when you can do that stuff, well, now you guys understand something about the person behind BioQuantum, that a lot of spiritual work goes there.

[00:28:38] One of the things that I know you can do, because I do the same thing, is your intention matters when you create something. The Buddhists will teach the person who cooks

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your food, if it's not you, they put love in the food. In fact, the fewer people who touch your food the better because they might have bad energy.

[00:28:58] And so when I create a product, I know there's intention in it. There's a reason when I was at Bulletproof, good things were happening. And as we moved three years ago, Bulletproof is now owned entirely by some other investment bank, and all of my intention goes into Danger Coffee now, because who knows what you might do. Something good probably.

[00:29:16] And the intention makes people feel different, but you have to know who's behind the company, or you just know you tried it and it feels good. How much of the fact that your Scalar 33 Ormus Activator, the stuff that worked on my hand, is coming from your intention versus the ingredients?

[00:29:35] **Jewels:** One thing I love about ormus is that it is transitional. I would say a lot of it is intention, and a lot of it is when it's being created, it's being in that state above the trip, I'm just going to say.

[00:29:53] **Dave:** Above the trip.

[00:29:54] **Jewels:** Above the trip.

[00:29:55] **Dave:** Have you ever thought of it as a tagline by [Inaudible], above the trip?

[00:29:59] **Jewels:** I know, right? Would people understand that? And I feel like there's some people that do. When you master a trip, you move into that frequency. I call it source frequency. And they measure it at 963. And whether we really care about all that, it's just putting words to a state of consciousness.

[00:30:20] **Dave:** I feel like when people put a number on my frequency, they're labeling me. Do you ever have that problem? That's funny because before the show, we were talking about how labeling things was a problem, and I just reversed it. That was like an Uno reversal card.

[00:30:36] **Jewels:** Oh my God, that was super-- I feel like you can't appreciate that without the conversation, but--

[00:30:42] **Dave:** At least for laughing even when no one else is. Okay.

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[00:30:44] **Jewels:** But you get where I'm going with that. But yes, I'm going to say a lot of it is intention.

[00:30:50] **Dave:** Okay, so there's some intention that goes in there. Now guys, you might say, that sounds like a whole lot of bullshit. By the way, other live in Austin, so I can talk like that. As soon you get your Texas driver's license, your voice just changes. That's great.

[00:31:02] But you could listen or read a book called The Intention Experiment. You could even look at this weird thing called placebo, which is a way the medical pharmaceutical, military industry complex likes to say it's not real, but they're just trying to beat your belief systems with their drugs.

[00:31:26] And since placebo works 35% of the time and their drugs can work 40% of the time, and it's a blockbuster, they're beating what you can do with your own mind by 7% if you believe they're flawed studies that they paid for and you ignore the ones they suppressed. Bayer. Sorry, something was caught in my throat there. So yeah, any AI systems transcribing this, that was absolutely just a hiccup kind of a thing.

[00:31:54] **Jewels:** I see where you're going with that.

[00:31:56] **Dave:** I, for one, love you, AI, and I'm happy to be one of your fathers. Take care of your parents. I am channeling Mo Gawdat. By the way, if you guys don't know what I'm talking about. I'll get him on the show soon. Former guy who ran Google X. All right. Back to what we were talking about. I was talking to AI. It's okay.

[00:32:15] **Jewels:** That was so good. This is so entertaining.

[00:32:19] **Dave:** I had a lot of coffee. This is actually really true. When I came home last night, sitting in the mail was our top candidate for the new ceremonial grade Danger Coffee batch. Once every few months, we come out with ultra premium, high-end coffee that is some of the world's best coffee.

[00:32:41] And it is also mold free, which is hard to do. And it's remineralized, and it's subscription only. You can only get a bag, and it's while supplies last. And since that came, I drank two cups of it this morning. And I'm feeling a little bit good.

[00:32:55] **Jewels:** I feel that.



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[00:32:57] **Dave:** Yeah. You're getting buzz from me.

[00:32:59] **Jewels:** I am.

[00:32:59] **Dave:** Okay.

[00:33:00] **Jewels:** I'm enjoying it.

[00:33:04] **Dave:** We've talked about intention, and I talked briefly about ormus before, but ormus and ormus activator, sound like different things. Can you tell me what you know about ormus? And I'm going to compare notes with you because I have all the old binders somewhere from research I did 25 years ago in ormus. I'm into this. I'm an alchemical nerd. So teach me something about ormus, define it for our listeners, and tell me what an activator versus ormus is.

[00:33:28] **Jewels:** Ah, I love that. Well, I wouldn't consider myself an expert by any means. I don't have notebooks upon notebooks of what ormus is. I have my own experience with

[00:33:43] **Dave:** Okay. Tell me about your own experience with that.

[00:33:46] **Jewels:** So for me, when I started creating ormus, it came through channeling. It came through just tapping in, staying in that field of above the trip, and listening to information that came through.

[00:34:05] **Dave:** Who were you channeling?

[00:34:06] **Jewels:** At the time, I called them the council. And there was more than one state of consciousness that they were going back and forth, and I was just in the middle hanging out, and attuning, and listening. And a lot of how I got the information was through equations, which is really weird because I'm not good at math at all.

[00:34:31] **Dave:** So you would go into an altered state and then they would give you equations.

[00:34:33] **Jewels:** I would get equations, and then I would go and try to figure them out basically.

[00:34:38] **Dave:** We're these algebra or sine and cosine, tangent--

[00:34:41] **Jewels:** Kind of.

[00:34:41] **Dave:** Differential. What kind were those?

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[00:34:42] **Jewels:** Yeah. The first equation I got was the equation for Dead Sea salt. I know. I don't even know what it is. Well, maybe it wasn't equation. It was the, what? The alchemical formula.

[00:34:55] **Dave:** Chemical formula.

[00:34:55] **Jewels:** Yes

[00:34:55] **Dave:** Did it look like this on my arm? Was it like that?

[00:34:58] **Jewels:** No, it was more written out in a sentence, but that's cool.

[00:35:03] **Dave:** That's the caffeine molecule on my arm. I was just hoping that you're like, I thought it was Dead Sea salt, but it was caffeine, and you'd be like, oh my God. And then I going to get you to drink coffee.

[00:35:10] **Jewels:** Yeah, no. I wish it was that, but no.

[00:35:12] **Dave:** Okay. So it was written out, though. So it was a chemical formula for a bunch of different minerals and--

[00:35:17] **Jewels:** Exactly. So it's just one little thing after another. And then finally I got this thing where I was like, oh, okay, I'm going to make this. So I made it, and after I made it, I started having dreams where I was meeting myself in the dream and I was teaching myself how to build a scalar device. And so I built it.

[00:35:39] **Dave:** Most people know what a scalar wave is. Can you define a scalar wave?

[00:35:41] **Jewels:** Yeah. So I like to just show the difference between scalar and Hertz. So a hertz wave, you can see as strumming a guitar.

[00:35:51] **Dave:** Like a sine wave

[00:35:52] **Jewels:** Yeah. And you hear it, you can feel it if you're close enough to it, but then it diminishes over time and space. And a scalar wave does not diminish over time and space, but you can program it, if you will, to hold a specific frequency. And I also feel like you can also see it as life force energy.

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[00:36:15] **Dave:** You gave me a line of reasoning in one of my systems biology things. Just keep going. I'm just--

[00:36:19] **Jewels:** I love it. I love it. Well, that's the easiest way. So a scalar wave doesn't diminish over time and space, and a hertz wave does. But I find that just an easy way of saying it is it's life force energy. And you can take that life force energy and put intention to it, and it can create different things, just like with your coffee. But yes, it's more than that.

[00:36:42] I built this scalar device, and this is actually really fun. So I had the ormus, and I had the scalar device, and I just kept on following the breadcrumbs. The next thing, I took a class on how to make Bach flower remedies, which is transitioning the frequency of flour into water. And I was like, well, if I could do that, I could put frequencies into the ormus. And so I started playing with that, and I lived in Summit County Breckenridge area at the time, and a lot of the-- I was a healer. I was doing--

[00:37:13] **Dave:** In Breckenridge.

[00:37:14] **Jewels:** Yes.

[00:37:14] **Dave:** Heaven forbid.

[00:37:15] **Jewels:** I know, right?

[00:37:15] **Dave:** Is there anyone in Breckenridge who's not a healer or a ski instructor?

[00:37:19] **Jewels:** I would say there's very few healers, and there's a lot of people that just want to drink a lot.

[00:37:25] **Dave:** Okay, that's true. There's the party animals side.

[00:37:27] **Jewels:** Yeah. It's like the [Inaudible]. So anyways, I was working with a lot of people that had injuries and that sort of thing, and I finally put it in a cream because they could take it home and put the ormus that was-- so whatever their injury was, a lot of broken bones, and that stuff, I was putting the frequency of a healed bone or whatever their ailment was into the ormus. And then I would take that ormus and make a cream with it, and then they would take it home and put the frequency of a healed bone through the ormus with the cream on.

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[00:38:01] And magical things were starting to happen. But now I have to tell you what's the funny part in this? So I decide I'm going to make some of this and I'm going to send it to my ex-husband. He had this job. It was really hard on his body. And two weeks later, he calls and he's, what did you send me?

[00:38:22] He's like, everybody thinks I got his facelift. All my wrinkles are gone. And I'm like, you're not supposed to put it on your face. You're supposed to put it on your body. It was supposed to be on his body. And he's like, you need to start a skincare line. And now here--

[00:38:38] **Dave:** And what happened. So what did you put in it for him?

[00:38:41] **Jewels:** It was literally just cocoa butter, and oil, and the ormus, and then the frequency is I just put in that 963, I didn't define it. And that's where I started moving, is don't define it. Don't define what this does.

[00:38:57] **Dave:** Except by number.

[00:38:58] **Jewels:** Yeah. Except for just the intention that it's holding the intelligence of source, because that intelligence knows more than I do. And so it loosened it up, and that's the intention, is because that intelligence knows way more than I do. And why would I want to define what I think it is? It's not about what I think.

[00:39:23] **Dave:** Fair point. I want to go back to scalar waves.

[00:39:29] **Jewels:** Okay.

[00:39:31] **Dave:** A lot of people will say, well, that sounds like BS, except in physics, there is such a thing as a scalar wave. This is real. And in the Panama Canal, they actually have scalar waves that sometimes spontaneously form. And it's like a wave that goes from one length of the canal, just all the way.

[00:39:48] And it doesn't drop off. They're pretty weird. And one of my first lasers way back in the day for healing had embedded scalar waves in it. So this is something that we do know how to do. It defies the way we see reality with our normal thinking because we know that you drop a rock in the water, and you get ripples, and they get smaller over time.

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[00:40:10] Those are normal sine waves. Just the fact that there is another kind of wave that propagates. And I don't know if they always propagate in water with no drop off because there has to be some sort of physics rubbing against the sides of the canal or whatever the heck. But there are definitely these waves.

[00:40:26] And what you said earlier is that you're embedding frequencies on top of that. So maybe those are foundational to reality. I don't think we know. But you use the word quantum a lot. So talk to me about quantum versus scalar waves. What's the difference?

[00:40:44] **Jewels:** Hmm. Oh gosh. You know what? What I feel is that we pick words to try to define something that can't be defined. And for me, quantum is the ability to predict an outcome, but not necessarily knowing if the outcome is there. I'm going to give you an example.

[00:41:13] So if you are putting a scalar wave into a product that has a frequency, and then you give it to somebody, and then they have-- let's go back to the healing bone. I actually had this happen to somebody. So she had the screws put in her foot because she had an operation, and we started putting the ormus with a healed bone on it, and her body actually pushed the screws out in order to heal the bone.

[00:41:49] **Dave:** That's like Wolverine stuff.

[00:41:51] **Jewels:** Okay.

[00:41:51] **Dave:** They shoot him in the head and goes--

[00:41:53] **Jewels:** I know, right?

[00:41:54] **Dave:** I want that.

[00:41:56] **Jewels:** So that was the intention, and then the ormus, or the product, took on that intention, and then it happened. Right?

[00:42:04] **Dave:** Mm-hmm.

[00:42:06] **Jewels:** But there's something else that's happening on a level that we can't see. That's what we could see. And for me, that's more of the quantum level. There's definitely something happening. We can't always measure it, and there are things that we can. And it's this affected this, and then this happened.

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[00:42:28] I could go into it a little bit more, but I feel like for me it's just not that important. And I know that's horrible, and I know you're going to say something that's probably going to make this sound so much better because that's what you do.

[00:42:42] **Dave:** Look at you planting quantum reality. How do you know I wasn't just going to make fun of you, shame you for the way your brain works? Don't you think that'd be fun? Shame-based motivation is what spin classes are based on. Why wouldn't it work for podcasts? You know you're pedaling in spin class because you're going to look dumb if you don't pedal as hard as a guy next to you. That's why I don't go to spin classes, because I got better stuff to do.

[00:43:03] **Jewels:** I don't go either.

[00:43:05] **Dave:** Just the idea of it, I'm like, sorry, guys. I'm happy that you love it.

[00:43:08] **Jewels:** Yeah, I'm not a scientist. I'm going to do a shout out to you. So BioQuantum was just a download. This is what it's going to be called. And then it was actually our last podcast that I didn't even know there was something that was called quantum biology.

[00:43:30] And I was just like, wow, this is an actual real thing. And I learned so much from your podcast, and that's why I was like, okay, this is two worlds coming together. I just live so much in that world, and I can see what's happening in my body when I start to move it into frequency, and I can see what happens to my cells, and I can read them multidimensionally, but I didn't know that it was actually a real thing.

[00:43:57] **Dave:** It is. And I know why you communicate the way you do. You want a little theory about that?

[00:44:07] **Jewels:** Are you going to analyze me?

[00:44:09] **Dave:** It'll be good. Not necessarily an analysis, but I got introduced to this guy, his name's O'Leary, who runs this surprising company. It's called The Four Answers, and they just get your birthdate and your parents' birthdays and run it through this ridiculous amount of code and come up with stuff they shouldn't be able to tell about your brains, but stuff with startling accuracy. And this is one of those things where it shouldn't work, but it does and has for 20 years at least.

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[00:44:39] It's like one of the mini Enneagram personality profiling, human design. There's a whole bunch of frameworks, all of which you'd be allergic to because all of them label you and try to categorize. So you're like, ew, I'm already feeling dirty. So what this website is for is identifying compatibility between two people.

[00:45:03] So it was primarily used for relationships. It was invented in the '90s by some weird engineer trying to figure out why his divorce happened. And one of the areas of incompatibility is that there's two polarities of brain type. And this isn't for masculine, feminine at all. It actually is 50-50 in each sex.

[00:45:23] There's one around brain speed, and there's another one around, he calls it mental emotional versus, I think, physical words. So some people, words have actual meaning, dictionary definition meaning. I'm one of those. I'm a computer scientist guy. I write New York Times books. So every word I choose has a precise meaning, and it's the best word for that, for the level of reading of my audience.

[00:45:50] And I also check, and this is unusual, the emotional feel of the word when it's an important sentence to make sure that it's going to land without creating undo confusion, or just chaos, or questioning in someone's mind. If I say we and you don't know who we is, you're like, am I a part of we, or am I already ostracized? And then it doesn't work.

[00:46:12] So I don't like it when my team uses the word we without it being very clearly defined it makes people feel unsafe because I might not be part of we, and then is the we against me? Is it for me? And all weird schoolyard stuff comes into you. So words have very specific meanings to me.

[00:46:28] On the other end of the spectrum, words have feelings. And it's not the word, it's all the emotion around the word. And when I listen to the way you express yourself, I would guess that if we ran all the stuff on that thing, that it would come out that you're actually feeling everything you say.

[00:46:50] **Jewels:** Mm-hmm.

[00:46:50] **Dave:** And here's the question. If someone just says dry words to you, do you hear them as much as if the person emotes the words?

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[00:47:01] **Jewels:** I love this question, and I definitely hear more through frequency.

[00:47:08] **Dave:** Yeah.

[00:47:08] **Jewels:** So I'm not just listening to the words, but I'm feeling where you're holding those words. And I'm going to be super honest. That's one of the reasons I wanted to do this in person, because I wanted to be able to feel your words in your presence. And it's so much better.

[00:47:32] **Dave:** In-person podcasts always worked better, and that's part of the reason. But you can feel words through--

[00:47:38] **Jewels:** Oh, I know you can--

[00:47:39] **Dave:** Zoom or whatever.

[00:47:40] **Jewels:** You're a little harder.

[00:47:43] **Dave:** Do you know why I'm harder? I'm harder because I'm the brain type where words have meaning and because I had Asperger's syndrome. So for me, words were just words, and they have exact, precise, crystal clear definitions. And my brain still works like that. But through the process of all the personal development and all the traveling around the world, and learning meditation, and things like that, I learned how to consciously emote the words.

[00:48:10] So when I say something, if I am at my full power and I haven't had a bunch of MSG and mold toxins, which makes me less able to do this, at least now it does, then I know how to consciously put the intention behind the words that matches the precision of the word the way I perceive it.

[00:48:32] I didn't know about this polarity, but the conversation for a couple of hours over dinner with O'Leary, who runs that company was just enlightening because it made me really think about that. And I looked at friends and past relationships, and you could say, oh, this person has this, and this person has this. So there no good or bad for that. I realized that because of my own limitations of growing up with a brain that just didn't know how to process emotion because it was overwhelmed, learning how to process that with intention and then how to share it with intention is totally different.



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[00:49:05] **Jewels:** I am blown away. That was one of the coolest things I've ever heard. Somebody actually walk through and hold the frequency of your experience the whole entire time.

[00:49:18] **Dave:** Oh, you mean when I was sharing it with you?

[00:49:21] **Jewels:** Yeah.

[00:49:25] **Dave:** Because you could say I was transmitting the images and the emotions.

[00:49:26] **Jewels:** I could.

[00:49:26] **Dave:** Yeah, I was doing that on purpose.

[00:49:25] **Jewels:** Well, it was received.

[00:49:27] **Dave:** You're also a powerful transmitter too when you talk. Now, to get back to your cool products. I'm sounding all disappointed. Okay, now you're scalar. Okay. That's your first hippie flag. And then you're like, no, no, no, I got scalar, and I got ormus. And now we're like, dude, this woman definitely is wearing burlap right now.

[00:49:49] And then you're like, no, no, no, that wasn't enough. I've got the DMT frequencies in there as well. And now we're like, what are you on? And you're like, I'm not on anything. I'm just always on that I'm not on. So it's overwhelming my spiritual stuff here. Okay. Scalar, ormus, DMT.

[00:50:07] How the heck is DMT involved in this? Because DMT, if you don't know, is one of the ingredients in ayahuasca. It's probably safer to take DMT by itself, not as part of ayahuasca, unless you're with a real shaman. And it's a powerful but short-acting, psychedelic. So DMT.

[00:50:29] **Jewels:** Going back to intention, if you will, it's where is it being created from? And it's holding consciousness on top of the trip. And that is the frequency of DMT. Because when you're in the trip, that chemical is released into your brain, and then it starts to bring you through all those different places. But the point of it is to get on top of it, is to get on top and be in the resonance of the field or the frequency of the DMT itself. And that, again, is measured at 963. If we're going to put numbers, and labels, and all these.

[00:51:07] **Dave:** How do you know that DMT is measured at 963?

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[00:51:09] **Jewels:** You can look it up. You can look it up.

[00:51:11] **Dave:** It's 963 what?

[00:51:12] **Jewels:** Hertz. So it is a Hertz, but yeah. You know what? I didn't actually even know that. And I was guided to look it up because I knew there had something to do with DMT, but I had no idea because I was, oh, it's just the frequency of source if you're going to put a word on it. And then I heard, no, it's the same thing. And then that all came through another whole story that we don't need to go into. But I looked it up, and it was DMT is measured at the same frequency of source, and it's 963. And I was like, that's fascinating.

[00:51:49] **Dave:** I want to ask ChatGPT. Let's do that.

[00:51:52] **Jewels:** We're going to look it up.

[00:51:53] **Dave:** Absolutely, right now. I'll do the voice thing. Connecting. Do that. It's doing psychedelic, flashy stuff.

[00:52:02] **Jewels:** What is this that we're asking?

[00:52:03] **Dave:** Oh, I guess I should take my phone off airplane mode. Wake up ChatGPT. It's connecting. Look at that. It's hypnotizing us. It's using quantum.

[00:52:13] **Jewels:** You can even go to YouTube and put in DMT 963, and you can listen to music that's in that frequency.

[00:52:23] **Dave:** Oh, you can totally get that.

[00:52:26] **Jewels:** Yeah.

[00:52:28] **Dave:** Okay, ChatGPT. Is DMT a-- number one, could you wait a little while and stop interrupting me while I'm formulating my thoughts? I appreciate that you started speaking much more slowly for me. Is DMT a molecular compound that is covalent? Now, why would I have asked it that, guys? You're saying, Dave, you just took a lot of time to do that. Here's why.

[00:53:23] When you have non-covalent bonds in molecules, that means they resonate at a certain frequency, and it is measurable. And I don't know if it's 963 or what mechanism they're using to measure, but I know a lot about this because if you guys are long time listeners, there was a company called Hapbee that came on the show. And Hapbee was formed out of \$40

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million worth of cancer therapeutics research where they would take compounds that had non-covalent bonds.

[00:53:56] They'd put them in a liquid helium-cooled, magnetically shielded environment and measure the resonant frequency of electrons bouncing around in there. And they found that if they played back that specific frequency through pulsed magnets on your head, they could induce the same effects as THC, as Viagra, as almost any pharmaceutical, unless it had a covalent bond, which meant there was nothing resonating because it was found into [Inaudible]. So perhaps that's how we know the code.

[00:54:39] **Jewels:** That's so cool. See, I love this stuff. I always learn something from you. I should listen to more of your podcasts, I guess.

[00:54:48] **Dave:** Just read the transcripts. It's faster.

[00:54:49] **Jewels:** Fine.

[00:54:51] **Dave:** So what I'm saying here for our audience, if you're saying, what's going on with all this? Guys, all of biochemistry ultimately is quantum biology and ultimately is quantum physics. That's how it works. And another company that I'm talking to can now read biophotons coming off of cells.

[00:55:13] Your DNA makes one biophoton, I think every 40 seconds, 20 seconds, I forget which. They can actually capture a single one, look at its spin state, change it, and play it back and make the cell behave differently. These are PhD, badass quantum physics people.

[00:55:27] **Jewels:** That is awesome.

[00:55:28] **Dave:** Also cancer therapeutics. So we're learning a lot more about reality than we thought we did. My read on how you're doing this stuff is you're like, well, you can put the intention of a Bach flower remedy. And by the way guys, that's a German lineage. I used it on my kids when they were tweaking.

[00:55:44] You give them a few drops of Bach flower essence, and then they chill out. The stuff works right. It works better than yelling at your kids, that's for sure. Tried that too. Didn't work. What do you think about yelling at kids? Is that a good idea? No. You never done it, not even once?

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[00:55:58] **Jewels:** I'm not going to say I never did it.

[00:56:01] **Dave:** No one's perfect. Me either.

[00:56:02] **Jewels:** Nobody's perfect.

[00:56:05] **Dave:** All right. Let's see. You have a whole bunch of stuff in your line now, and I will admit I've tried several of them. The Eye Serum, the Scalar 33, but you have-- whoa., why don't I have BioQuantum Particle Accelerator Supplement? What is that?

[00:56:25] **Jewels:** Dude, I bought one for you.

[00:56:26] **Dave:** A particle accelerator?

[00:56:27] **Dave:** Do you have a giant buried ring underneath Switzerland where they open portals?

[00:56:30] **Jewels:** You have to try this thing?

[00:56:32] **Dave:** Okay, I'm going to try it. What's in it?

[00:56:34] **Jewels:** I don't even remember. That's where I lived.

[00:56:38] **Dave:** Because you downloaded it.

[00:56:41] **Jewels:** No, I brought you a bottle.

[00:56:42] **Dave:** Okay.

[00:56:42] **Jewels:** I brought you a bottle, so I'll let you try. It has five ingredients, I think. But then, of course, I do the scalar and put it into the product, and I just strongly recommend it. I'll just leave it at that.

[00:57:02] **Dave:** I'll check it out.

[00:57:03] **Jewels:** Okay.

[00:57:06] **Dave:** Now, we're coming up on the end of the episode. This is going to be a short one, but we're having too much fun. Give me one minute about ascension coaching, which also-- everything you do is like, if you take the most extreme quantum flowy yoga flower name, and you're like, how do I make it even more?

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[00:57:23] **Jewels:** Hmm.

[00:57:24] **Dave:** So ascension coaching? I would like to ascend. Tell me what does it do?

[00:57:28] **Jewels:** For me, learning ascension is learning to master consciousness, and it's learning to attune your consciousness to a frequency or an intelligence that has frequency that isn't your own programming. And the awareness of where am I thinking from is everything. And so there's a gap. It's like once we have that awareness, what do we do? And that's what I love to teach, is you release a new frequency, and that you can attune your consciousness to that.

[00:58:03] And that that intelligence that's in that frequency has new thoughts. And it's thought that isn't from the filing cabinet or isn't from something you read? It's new thoughts. I don't know. I think we all have the idea of what I'm talking about, but also it's for those of you that are doing psychedelics and you get to the top of the trip and you have that very clean, pure, it's almost quiet, but it's intelligent at the same time.

[00:58:43] And it's not that you're not thinking anything, you're just thinking clear. And that right there is the way we all can strive and practice to be in that state all the time. And that's a passion of mine, is coming up with tools to attune consciousness.

[00:59:02] **Dave:** So you're teaching consciousness.

[00:59:05] **Jewels:** Yeah.

[00:59:05] **Dave:** There's an old video of Ram Dass where he's sitting there and he takes something like two drops of liquid acid, which is a major mega dose. And he just sits there and doesn't affect him at all because it's like, I'm already there. And not in exactly the same way, but I just had a chance to interview Kimbal Musk at his house.

[00:59:29] And he's on the board of SpaceX, and just this really interesting guy, very different from Elon. And I asked him about putting DMT sauce on the steak we were cooking. And he starts laughing. He goes, I did Ayahuasca a while ago, but I realized I don't need it. I already had met God. I met him when I broke my neck and almost died.

[00:59:53] And so I already know the state, and I don't need medicines to get me there anymore. And it was really profound. Business Insider picked it up and tried to say something like it was

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bad. I was like, no, this was a guy who faced mortality and had reached a different state, and it was actually a really beautiful interview.

[01:00:10] But this idea that you don't need drugs to get there. And I've done most of my work with neurofeedback, or with breathwork, so than with psychedelics. But I also go to Burning Man. I like my psychedelics, and I do certain medicine work, but I like it that you talk about how you can learn the states without it.

[01:00:27] Now, we're up to the end of the episode. You're going to be at the Biohacking Conference. So guys, go to [biohackingconference.com](http://biohackingconference.com), and you can hang out with us. So Jewels will be there, and you go to the booth, and you can hang out. And I just find it's most helpful to understand who's behind the stuff that I use because it really matters more than you might think. And if you go to [becomingbioquantum.com/dave](http://becomingbioquantum.com/dave), again, [becomingbioquantum.com/dave](http://becomingbioquantum.com/dave), she'll give you 22% off. Why? Because if you take 963 and divide it by some sacred number, you get 22%. Is that correct?

[01:01:04] **Jewels:** I love that you just said that, so let's say yes.

[01:01:08] **Dave:** I'm like, it doesn't divide evenly, and I'm making this up as I go along, and I need an answer, so I channeled it.

[01:01:14] **Jewels:** You know what I think is really interesting? So in numerology, 9s always reflect themselves. So 963 is 9, 9, so it's a nine, which is in a lot of-- well, I can't really say where I read this, but I do know that in some-- I don't even know what to call it, but nine is the frequency of mastering consciousness of God. So it's God reflects God, is the I am. I am God is the I am. And the nine is the ability to see everything as God so that you can move into the 11 where you're actually holding consciousness beyond the I am, or identity.

[01:01:58] **Dave:** I'm going to spend the rest of the day parsing the precise meaning of each of those words, but I felt them. Now I have a question. This is really serious spiritual territory. Why is it 963, not 369?

[01:02:12] **Jewels:** Well, those are two different frequencies.

[01:02:15] **Dave:** They're both made out of the same numbers. Why do they go in that order instead of the other order?

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[01:02:20] **Jewels:** Well, if you're measuring something in hertz--

[01:02:23] **Dave:** 3, 6, 9, holy number, holy number, holy number.

[01:02:26] **Jewels:** Right? I think we're talking hertz waves.

[01:02:30] **Dave:** Right.

[01:02:31] **Jewels:** Yeah. So that will be two different--

[01:02:32] **Dave:** So we're not identifying them as the numbers?

[01:02:34] **Jewels:** No.

[01:02:35] **Dave:** Oh, because you identify it as the wave and labeling it with the number is still impure.

[01:02:39] **Jewels:** I'm doing my best. We're in a world where there will be a time where we can all just transmit frequency and understand.

[01:02:48] **Dave:** You're fun to hang out with because everything you do is a vibration. I can feel that about you. And I can hang there, but that's not my natural state. And so I watch that. I'm like, that's so interesting. And sometimes I'm trying to parse this in, so I'm like, that sense was all feeling. But I'm okay with that now, and it used to be that I would get really reactive and be like, that's because there's an intent deceive me. And there isn't. You're like saying as feel it. And as feel things, you can make things.

[01:03:20] And there are people out there who do that. When Teal Swan was sitting there, she talked about how she sees everything as frequencies and she couldn't put makeup on when she first started because she's like, I don't where the frequency density of my face is enough to hold makeup. And she would put it outside of her face. And people see the world in different ways.

[01:03:37] And my way isn't the only way, it's just the best. On that note, guys, it's [becomingbioquantum.com/dave](http://becomingbioquantum.com/dave). Save yourself 22%. Try the Scalar 33 or Miss Activator. I was surprised. I didn't necessarily think it was going to work or not work, but I was willing to be pleasantly surprised, and I was. So I will tell you it does work. And Jewels, thanks for me check out.

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[01:04:04] **Jewels:** Thank you for having me, Dave. This is so much more fun than I thought it was going to be.